

## **Course Outline CFER Heritage**

CFER Heritage follows the MELS Pre-Work Program curriculum. However, the business setup in our school provides CFER Heritage with a thorough preparation for the job market, a hands-on pedagogical approach, and a more concrete way of linking academics to real-life experiences.

### **English Language Arts**

The three competencies are:

- C1: Uses language / talk to communicate and to learn
- C2: Reads and listens to written, spoken and media texts
- C3: Produces written, spoken and media texts

*This course is centered around the connection between the students' needs as future workers. The ELA course also focuses on students communicating their needs in and out of a work setting.*

### **Français, Langue Seconde**

Les trois compétences sont:

- C1: Interagir en français
- C2: Lire des textes variés en français
- C3: Produire des textes variés en français

*Cette classe prend appui sur les compétences langagières développées au primaire et au premier cycle du secondaire. Il se distingue des programmes qui le précèdent, car il met davantage l'accent sur la communication orale, plus présente et plus utile dans le monde du travail auquel se destinent les élèves concernés.*

### **Mathematics**

The three competencies are:

- C1: Solves a situational problem
- C2: Uses mathematical reasoning
- C3: Communicates by using mathematical language

*By the end of this course, students will have exercised their mathematical competencies at home, in the workplace, and in their recreational activities. For example, they will have solved transportation problems involving space, distance, time, cost, etc. During practicums, they will have applied and consolidated competencies that should equip them with the necessary tools to enter the job market.*

### **Autonomy and Social Participation**

The three competencies are:

- C1: Demonstrates autonomy in everyday situations
- C2: Takes an informed position on everyday issues
- C3: Participates in community life

*The Autonomy and Social Participation course promotes students' overall development. It is designed to help young people, on the brink of adulthood, acquire the tools they will need to meet their personal needs. The program also teaches students to live in harmony with themselves and with others, and to make meaningful contributions to society.*

### **Preparation for the Job Market**

The three competencies are:

- C1: Establishes his / her personal and occupational profile
- C2: Gains an understanding of the job market
- C3: Carries out a sociovocational integration plan

*This course is intended for students to make a smooth transition between school and the job market. This class teaches students about the dynamic and changing quality of the job market, as well as helping them realize that there are many ways of entering it. Students learn to manage the different steps involved in a personalized planning process, to adapt to change, and to face difficult or unforeseen circumstances likely to occur at work.*

### **Geography, History and Citizenship Education**

The two competencies are:

- C1: Builds a sense of belonging to his / her home territory
- C2: Builds a sense of belonging to Québec society

*This course combines two subjects, Geography and History. Geography focus on the spatial dimension, allowing students to understand the human-space relationship and realize that communities settle in territories that they then develop and modify to suit their needs, values and culture. History and Citizenship focuses on the temporal dimension, allowing students to learn and understand the roots of present-day life and the processes of social change. In other words, they will learn to understand the present by looking at the past.*

### **Physical Education and Health Program**

The three competencies are:

- C1: Performs movement skills in different physical activity settings
- C2: Interacts with others in different physical activity settings
- C3: Adopt a healthy, active lifestyle

*This course focuses on healthy lifestyles, emphasizing the important of healthy eating, regular exercise, and maintaining proper mental health..*

### **Technological and Scientific Experimentation (Year 1 only)**

The three competencies are:

- C1: Seeks answers or solutions to scientific or technological problems
- C2: Makes the most of his / her knowledge of science and technology
- C3: Communicates in the languages used in science and technology

*This course covers a range of situations that enable students to find answers to questions about their everyday environment; to create, understand and handle technological tools; and to understand how certain scientific discoveries or technological innovations have helped improve living conditions at home, at school and in the workplace.*

### **Introduction to the World of Work (Year 1 only)**

The three competencies are:

- C1: Understands the requirements of different work situations
- C2: Performs tasks associated with different work situations
- C3: Adopts attitudes and behaviours appropriate to different work situations

*The job market course is complex and involves numerous requirements that students should be familiar with if they want to be adequately prepared for it. The Introduction to the World of Work program enables students to become familiar with the characteristics and obligations of the working world and to begin developing the competencies they will need as workers, all within the school setting. By performing simulated work-related tasks in a variety of areas, the students learn to understand themselves better, become committed to various work situations, understand what is required of them, and adopt the social behaviours needed to successfully enter the work force. This class also enables students to identify their interests and skills, which will help them choose practicums that suit their needs.*

**Work Skills (Year 2 in our CFER business, Year 3 as a stage outside of the school)**

The two competencies are:

C1: Develops specific competencies associated with one or more semiskilled trades

C2: Adopts attitudes and behaviours required in the workplace

*The aim of this course is to help students construct their occupational identity, adopt behaviours and attitudes required in the workplace, and foster their gradual integration into the work force. We offer students the opportunity to develop work-related competencies in the work force, by offering them the opportunity to develop work-related competencies in actual work settings. They will also gain a better understanding of employers' requirements and their need for competent, reliable workers. This class is a continuation of the Introduction to the World of Work taught in Year 1.*