



St. Hubert, April 9, 2020

Dear Parents,

This letter is to inform you that in the context of the COVID-19 pandemic, emergency food assistance is being put into place in Québec. In fact, the Government of Québec, the *Banques alimentaires du Québec* (Food Banks of Québec) and the “*Club des petits déjeuners*” (Breakfast Clubs) are uniting their efforts in order to support individuals and families living through food insecurity, created or accentuated by the current events. The clientele targeted by this food assistance is, for the time being, families with school-aged children in need of food.

In order to benefit from this food assistance, we encourage you to go to the organizations listed below in order to receive a food basket. For those families who are not able to go in person because of the current confinement orders or for any other reason, may we suggest that you check with your local food bank to see if delivery service is available.

The participating community organizations are the following:

Food Bank	Address	Telephone Number	Status	Opening Hours	Notes
Provisions Communautaires	2550 Jensens Street Saint-Hubert, QC J3Y 3W3	(450) 445-3511	Open	Tuesday to Friday	Must make appointment Cost : 18\$ per basket
Les Maisons Familiales Par Amour Inc.	4015 Chambly Road Saint-Hubert, QC J3Y 3M4	(450) 486-4719	N/A	N/A	No answer when we called
Mission Nouvelle Génération	1423 Provencher Boulevard Brossard, QC J4W 1Z3	(450) 486-7667	Open	Tuesday and Thursday	
Action Nouvelle Vie	740 Saint-Charles Street East Longueuil, QC J4H 1C2	(450) 646-5015	Open	Tuesday and Thursday afternoons	Must make appointment Cost : 1-2 people :10\$ 3+ people :20\$ Cash ONLY
Centre d'entraide Maskoutain, La Main Qui Nourrit	405 Laurier Street West Sainte-Madeleine, QC J0H 1S0	(450) 209-2030	Closed	N/A	Closed until April 13, 2020
Société St-Vincent De Paul De St-Jean	150 Laurier Street Saint-Jean-sur-Richelieu, QC	(450) 358-1222	N/A	N/A	No answer when we called

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Centre d'Action Bénévole d'Iberville Et De La Région	290 des Conseillers Avenue Saint-Jean-sur-Richelieu, QC J2X 1Z8	(450) 347-1172	Open	Monday to Thursday: 8 :30 to 4 :30 Friday: 8 :30 to 12 :00	Must make an appointment
Centre d'entraide bénévole de Saint-Amable Inc.	297 Principale Street Saint-Amable, QC J0L 1N0	(450) 649-0604	N/A	N/A	No answer when we called
AVRDI	625 Lechasseur Street Beloeil, QC J3G 2L3	(450) 467-8644	N/A	N/A	No answer when we called
Grain D'Sel De La Vallée-du-Richelieu	544 Sir Wilfrid Laurier Boulevard Beloeil, Quebec J3G 4H9	(450) 467-5733	Open	Thursday	Must make an appointment Cost: 10\$ per basket
Organisme Bouffe pour tous Moisson	911, Roland-Therrien Longueuil, QC J4J 4L3	(450) 670-5449	Open	Wednesday, starting at 6 :00 p.m.	Cost : 12\$ per basket + annual fee of 8\$

We remind you that is important to abide, at all times, by the directives issued by *Santé publique* (Public Health), namely:

- Abide by the social distancing rules: as much as possible, keep a minimum of two metres between people.
- Wash your hands with lukewarm water and soap for at least 20 seconds.
- Use an alcohol-based disinfectant if you do not have access to soap and water.
- Observe the hygiene rules when you cough or sneeze.
 - Cover your mouth and nose with your arm in order to reduce the propagation of germs;
 - If you are using a paper tissue, dispose of it immediately and wash your hands afterwards.
- If you are ill, avoid any outing and ask whether delivery service is available.
- If you benefit from delivery service, avoid direct contact during the delivery. If the articles cannot be left outside, we ask that you open the door and back up so that the delivery person may safely leave the articles.
- Clean the packaging that the products come in and rinse profusely the fruits and vegetables before consuming them.



We remind you that eating adequately contributes to staying healthy and that the current exceptional situation may accentuate the need in having to resort to such assistance. Do not be ashamed to use these services should you need them.

If you show symptoms, do not hesitate calling 1 877 644-4545. For psychosocial support, we urge you to call *Info-Social 811*.

We are all eager for classes to resume. In the meantime, we are asking you to continue our collective action in the fight against coronavirus, because everyone's contribution is essential.

Sincerely,



Dan Lamoureux
Chairman